



LAS VEGAS BUDDHIST SANGHA

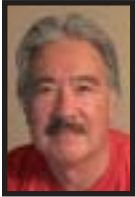
BULLETIN

4110 N. Martin Luther King Blvd., N. Las Vegas, NV 89032

JULY 2016

www.lasvegasbuddhist.org

VOLUME 7



Message from the President

Gene Nakamura

We recently came back from the Southern District Conference held in San Diego. We were able to listen to Bishop Umezu's update on the BCA, including the Kumamoto Earthquake Relief Fund. He also touched on the recent Orlando mass shooting, this is an excerpt from his BCA message.

"...We live our lives based on emotions and feelings of love and hatred. This is the source of our daily actions. But there is a true and real realm beyond love and hatred. This is the Buddha's realm; the realm of Enlightenment. Deeply grieving our condition, the Buddha urges us to listen to the Dharma and to hear the words from the world of true equality. Through this realization, we are able to see one another as fellow travelers on a journey to the world of true equality. Regardless of race, ethnicity, religion, or sexual orientation, we should live our lives with respect and kindness..." – Bishop Kodo Umezu

In order to build our Sangha, we must understand the world around us and not have prejudices against others. We need to share our religious satisfaction with others that may have lost their way or were never religious in the first place. I am not talking

Emergency 911
Sangha (702) 633-4810
Center Rental Info (619) 888-5301
Dharma Education ... (702) 371-0947
Sangha Crafts (818) 219-6982



JULY SERVICE

service will be held on
Sunday, July 10th at 10 a.m.

Presiding Minister

Rev. Peter Hata
Higashi Los Angeles



Service begins at 10am
Stay for after service refreshments & Dharma Class

about carrying our Dharma teachings with us or standing on the street corner praising the words of Shinran Shonen. Just be happy with yourself, the rest of it will take care of itself.

What was also shared with us during the conference was that most of our new members are converts of different faiths. They found satisfaction in our Jodo Shinshu teachings.

We are in the middle of O Bon season. If you get a chance, please support all the other Temples that having their festivals. For a list, please see japanesecity.com

Our O Bon is August 6, we could use your help. Please contact me or any board member. We have changed our Volunteer sign-up, you must be registered.

In Gassho,
Gene Nakamura

REMINDER: SAT., JULY 9TH

***DHARMA ENCOUNTER:
ANCIENT TO MODERN***

1pm to 5pm

Flyer on page 9 - Refreshments served

TOBAN & FLOWERS

Flowers for June service were donated by Harriet Huber and the Ho family on behalf of their father ?

2016 Schedule of Speakers

| | |
|--------------|--|
| January 10 | Rev. Jon Turner Orange County Buddhist Church Host: David Hopper & Eileen Castle |
| February 14 | Rev. George Matsubayashi BCA Minister, Emeritus Host: Miis Nakayama |
| March 13 | Rev. Henry Adams San Mateo Buddhist Temple Host: Gene Nakamura & Tilda Silao |
| April 10 | Rev. Brian Nagata Bukkyo Dendo Kyokai Host: Miis Nakayama |
| May 8 | Rev. Jon Turner Orange County Buddhist Church Host: David Hopper & Eileen Castle |
| June 12 | Rev. Kevin Kuniyuki Buddhist Study Center of Hawaii Host: Wayne & Sadie Tanaka |
| July 10 | Rev. Peter Hata Higashi Los Angeles Host: Gene & Tilda |
| August 14 | Rev. Marvin Harada Orange County Buddhist Church |
| September 11 | Rev. Koshin Ogui White River Buddhist Temple Host: Kyle Morishita |
| October 9 | Rev. Ron Takemoto Whitman College Host: Alan & O Takemoto |
| November 13 | Rev. Jerry Hirano Salt Lake City Buddhist Temple Host: M. Aoki |
| December 11 | Rev. Patti Nakai Buddhist Temple of Chicago Host: Mary Ozaki |

The LV Sangha would like to invite and encourage everyone to stay immediately after every service for refreshments before leaving. This is the time for fellowship. Meet members of the Sangha and get to know our community. Refreshments provided by the Kitchen Committee but any donations of refreshments would be welcomed. Hot tea and bottled water served along with the monthly "goodies".

Father's Day at the Sangha



Rev. Kevin Kuniyuki delivered his Dharma message



Lucky dads get to wear the ties made by the Dharma School class



Reverend Kuniyuki's lesson for the Dharma School students



Dharma School teachers Tilda Silao (not pictured), Crystal Isa, and Megan Arakaki and the Dharma School students with their handmade Father's Day gifts



New member family with Rev. Kuniyuki with Summer, Brian, and Melanie Segawa



Koichi Iida with his son, Thomas, who received Ogawa scholarship from Wayne Tanaka.



Reverend Kuniyuki with Hedy Ito.



Reverend Kuniyuki talked about how Buddhism affects our everyday lives and how everything is interconnected and always changing



Father's Day Potluck!

Rev. Kuniyuki leads discussion in the Adult Dharma Class



June Donations

JUNE WILL BE UPDATED IN AUGUST NEWSLETTER

Membership Dues Received

2016 MEMBERSHIP DUES RECEIVED

Cathy Arakaki, Kenneth & Akiko Akita, Sandi Ciel, Dennis & Brenda Creed, Thomas & Lynn DeMann, Sharon Edwards, Shioji Fukawa, Stan Fuke, Sally Hanagami, Deborah Harlig, David Hopper & Eilleen Castle, Norm Hirata, James & Harriet Huber, Sandi Hiyane, Koichi & Catherine Iida, Stan & Nancy Isa, Hedy Ito, Dale & Rosan Ito, Alice Kado, Sadae Kasamoto, Tohru Katano, Garrett & Jennifer Kakita, Rosie Kakuuchi, Kumiko Kashiwada, Bitu Khamisi & Steve Yeager, Al & Marge Kiyatani, Georgiana & Albert Kobayashi, Helen Koga, John Kosora, Jim & Gay Kurashige, Daniel Lee, Pati Lira, Hank & June Maruyama, Roy & Kanyarat Matsuda, Aiko Mayeda, Erika Masaki, Jimi & Barbara Mitsunaga, Charles & Ulrika Miyashiro, Frances Miyasato, Bill & Nanette Muraoka, Rev. Brian Nagata, Gene Nakamura & Tilda Silao, Dennis & Margaret Nakata, Mits Nakayama, Takako Ogawa, Mary Ozaki, Eleanor Oshiro, Robert & Chizuyo Reynierse, Muriel Scrivner, Brian & Mel Segawa, Ron & May Soeda, Akira & Madeline Sonemura, Aileen Sung, Roy & Caryl Suzuki, Wayne & Sadie Tanaka, Fred Tomiyoshi, Agnes Tsuchiyama, Grace Wertz, Masaichi Yamada, Ty Yamamoto, Fred & Patty Yamano, Katherine & Ryan Yoshikawa

If your name was not included, please notify:

Sangha Treasurer Jim Kurashige, 7528 Lassen Peak Circle, Las Vegas, NV 89149, and please report any mistakes at 702-839-8558 or by email at lasvegasbuddhistsangha@aol.com.

To learn more about us, visit our website at: www.lasvegasbuddhist.org

Special Date Reminders

| | |
|------------------|--|
| July 9th | Dharma Encounter: Ancient to Modern From 1pm to 5pm at Sangha |
| July 10th | LVBS Service Bon Odori dance practices from 10am to 12pm at the Sangha |
| July 11 | IMPORTANT OBON MEETING at 6pm - Dinner served (\$5) |
| July 15th | Last day for Obon advertisements |
| July 22nd | Deadline for pre-order bentos at \$12. After July 22 \$17. |
| June 25th | LVBS Board Meeting & Obon Meeting at 6pm |



ADULT DHARMA CLASSES

ADULT DHARMA CLASSES

HELD AFTER MONTHLY SERVICES

Adult Dharma Class is led by the hosting minister of the month. The class are about the teachings of the Buddha Dharma. Each visiting minister will give a short talk about a Dharma subject, followed by a discussion by all who attend.

If you have any suggestions about a subject, please submit to Dr. David Hopper, so the visiting ministers may prepare for the class.



July Birthdays

- | | | | |
|----|------------------|----|-------------------------|
| 6 | Grace Wertz | 17 | Robin Sakahara |
| 6 | Henry Ozaki | 17 | Brenda Creed |
| 9 | Betty Igawa | 21 | Adam Graves |
| 9 | Dennis Nakata | 22 | Myrtle Noguchi |
| 10 | Alice Branton | 22 | Darcie Matsuyama |
| 15 | Kanyarat Matsuda | 27 | Agnes Yukino Tsuchiyama |
| 16 | Albert Kobayashi | | |



Happy Anniversary

18 Mark & SiMei Connolly



July Memorials

- | | | |
|----|-----------------|-------------------------|
| 1 | Setsuko Iwamoto | Sister of Caryl Suzuki |
| 26 | Sadako Tanimine | Mother of Alice Branton |



On behalf of all grandfathers, dads, and uncles, of the Sangha, we THANK YOU for our delicious luncheon!

Thank you to all who helped set-up for the luncheon, Gene Nakamura, Becky & Mike Suyeyasu, Margaret Nakata, Harriet Huber, Tilda Silao, Wayne Tanaka, and if we missed anyone thank you, too.



New Members

Ananda Maluanne, Allison Tast, and daughter, Agnes Maluanne, from Henderson.

Guests for May:

Naomi and Doug Tamura, visiting from Denver
Rev. Kuniyuki's wife, Dale.



RECIPE

Sharleen Aoki's 7 Layer Finger Jello

- #2** 1 can Eagle Brand sweetened condensed milk
2 envs unflavored Knox gelatin
1/6 cup sugar
2 cups boiling water

Dissolve sugar and gelatin in water. Add milk.

General Directions:

1. Prepare 9x13x2 glass pan with Pam or mayonaise
2. Pour in first flavor. Place in freezer. Allow to gel for 12-15 mins until firm, yet slightly tacky.
3. Pour gently (use ladle) 1-cup of milk (#2). Allow to gel 7-9 mins until firm, yet slightly tacky.
4. Continue steps 2 and 3 with other flavors, alternating flavor, milk, flavor, milk, flavor. Each layer after the first will take 7-9 mins to gel.
5. Set in refrigerator overnight or at least 2 hrs. Cut & serve.

CORNER

- #1** 4 pkgs (3 oz) jello - any flavor
2 env unflavored Knox gelatin
4 cups boiling water

Place 4 bowls out. In each bowl place one pkg jello, 1/2 pkg of Knox gelatin (1-1/2 tsp), and 1 cup boiling water. Stir.

NOTE: It is best to mix last two flavors about half-way through to prevent gelling prematurely.

Upcoming Sangha Events:

Bon Odori Dance Practices, Saturdays from 10am - 12pm.
Starting June 4th thru July 23rd.



Obon Festival & Bazaar, August 6th
Clark High School, from 10am - 4pm.
MEMBER VOLUNTEERS NEEDED!

* **Ho'olaulea**, September 10th and 11th. We are helping sell the water and beverages. We need members to volunteer a couple hours each day. Please see Delwayne Arakaki.

Dharma School



The Dharma students have been studying the The Three Treasures - Buddha, Dharma, and Sangha, and now have started on an ambitious project of building a personal Wheel of Dharma. Each month they will be studying a component of the Eightfold Path and adding it to their wheel. Hopefully, we'll be done before the end of the year.

Health Wellness & Meditation

Classes have started - 2nd Tuesday of every month @ 7pm

Need to de-stress at the end of a hectic day?
Want to sit relaxed and in quiet serenity?
Learn how to de-stress through meditation?

Meditation classes held by
Dr. David Hopper

Meditation followed by brief talk & discussion of current affairs & health topics

Classes are **FREE** to everyone!
(Donations welcomed)

Classes held 2nd Tuesday of each month at
Las Vegas Buddhist Sangha Center
4110 N. Martin Luther King Blvd., North Las Vegas, NV 89032

SIGN-UP by emailing www.lvsangha.info@gmail.com OR
Call: Eileen Castle @ 702-405-6644

Sangha Class Reminder



Meditation Corner with Dr. Dave

Despite the June heatwave, we had a pretty good turnout for meditation class Tuesday, June 14. It continues to be an interesting class with good input from the group. After our standard mindfulness meditation, I attempted to play a CD but the player did not recognize mp3 and other formats. That served as a reminder to me how fast technology is advancing even with music! Fortunately, a member had a guided imagery meditation on his phone and we were able to use it with BlueTooth speakers.

Guided imagery is a traditional mind-body technique that is also considered a form of hypnosis. Visualization and guided imagery take advantage of the connection between the visual part of the brain and the involuntary (autonomic) nervous system. When this visual portion of the brain (the visual cortex at the back of the head) is activated, without receiving direct input from the eyes, it can influence physical and emotional states. This, in turn, can help elicit physiologic changes in the body, including therapeutic goals.

After going through the guided imagery meditation, the group felt very relaxed. A few of the members became tearful although they felt very good. The group then was instructed on various techniques to visually take control of any problem they wanted to get rid of from an ache or pain to any physical or emotional stress that was bothering them. This way, I was able to help guide them as a group through various ways to take control of their problem in a more generic way without having to disclose the nature of their problem to anyone. While meditating along with the ocean surf in the background, the members practiced the techniques learned to take control of their problem in a variety of ways. The end result is something like when we have an incredible dream and wake up feeling fantastic. Mindfulness meditation remains the mainstay but, members have learned another meditation tool to empower themselves with better health and wellness, The next class will be held at the Sangha Center on Tuesday, July 12 at 7 pm. I hope to see you there!

**AUGUST SERVICE WILL BE THE SUNDAY AFTER OBON
SUNDAY, AUGUST 7TH.**

**IMPORTANT OBON MEETINGS
JULY 11, 25, & AUGUST 1st at 6PM**

Support your Sangha and sign-up to volunteer.

Volunteers needed on Friday and Saturdays.

Email volunteer chair Eileen Castle @ ecastle@gmx.com OR
lvsangha.info@gmail.com



ANNOUNCEMENTS!

OBON MEETINGS JULY 11, 25, & AUGUST 1st at 6PM

Support your Sangha and sign-up to volunteer. Volunteers needed on Friday and Saturdays.
Email volunteer chair Eileen Castle @ ecastle@gmx.com OR lvsangha.info@gmail.com

Dharma Encounter: Ancient to Modern - Presentation that covers the 2500 year history of people who have been affected by the Dharma (teachings of the Buddha) from the Buddha, throughout ancient and modern history, to famous people such as David Bowie. RSVP today! Support your Sangha. Open to the public. See page 8 for more information.



Amazon Smile Program: You can now donate to the Las Vegas Buddhist Sangha by shopping Amazon! It does not cost you extra. Amazon will donate a portion of every purchase you make to the Las Vegas Buddhist Sangha.

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. Select Las Vegas Buddhist Sangha as the charitable organization you wish Amazon to donate to. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile. You can bookmark Amazon Smile directly to your mobile device to make it easy to use. Your existing account can be set up as a Smile account. Amazon will then always remember to donate to the Sangha every time you buy from Amazon.

The Sangha Crafts The Sangha Crafts is busy getting ready for Obon, since our last 2 crafts events have depleted ALL our inventory. We are in desperate need of help. Anyone that can sew a straight line....or even not so straight....is welcome to join us. We have a lot of simple projects that we need help with. If you can help out, please call or email Patty Yamano at patty.yamano@gmail.com or (818) 219-6982

Kikuo and Kaoru Ogawa Scholarship - Applications for the Kiko and Kaoru Memorial Scholarship is now available. This scholarship is opened to anyone wishing to continue their education - the only requirements are a high school diploma or equivalent, acceptance to graduate or trade school and membership in our Sangha. If you are interested in applying, please contact Wayne Tanaka at wtanaka@cox.net or Patty Yamano at patty.yamano@gmail.com. All applications are due by June 15, 2016 and will be announced at our July service and awarded at our Obon Festival.



O Bon Commemorative T-shirts ON-SALE NOW!!

This is the first year we are selling O Bon T-shirts. Go online to www.lasvegasbuddhist.org - click on events - then to Obon Festival 2016 - scroll down and click on the link OR...scroll down on the first page and click on: [Buy your 28th Annual Obon Commemorative T-shirt online! Last day for online orders is July 7th. Shirts will be sold at event for \\$25.](#)



T-shirts will also be for sale at the O Bon Festival & Bazaar. Support your Sangha and purchase your t-shirt today!

Help support our bulletin...Promote your business!
Advertisement space available, email: lvsangha.info@gmail.com
\$25 per quarter / \$90 per year

The Las Vegas Buddhist Sangha Presents: Dharma Encounters: Ancient To Modern

Lecturer: Rev. Peter Hata

Date: Saturday, July 9, 2016
Time: 1:00 pm~5:00 pm
Place: Las Vegas Buddhist Sangha
4110 N. Martin Luther King Blvd
North Las Vegas, NV 89032
Fee: \$5.00 donation*; snacks &
refreshments will be served
Info: www.lasvegasbuddhist.org
To register: call (702) 371-9838 (Eileen) or
(619) 888-5301 (Tilda) by July 2, 2016



About the lecture:

- Throughout the 2500 year history of Buddhism, countless people have encountered the Dharma, the teachings of the Buddha. There are many vivid examples of these encounters that we can access and which, in turn, serve to bring the wisdom of the teachings to life for us.
- However, is there also a significance to the sheer breadth of this history, something that might enable us to discover the deeper meaning in our lives today? Beginning with the encounters of the Buddha himself, what is the connection between the ancient stories of his path to awakening—for example, his encounter with impermanence in the Story of the Four Gates—and modern encounters with the Dharma, modern stories of personal transformation?
- Musician David Bowie once said, “I have always followed the tenets of Buddhism, especially the one about change. What came from my Buddhist bumbblings is that change is our river. I keep coming back to that, and it means an awful lot to me.” And the gifted poet Jane Hirshfield, once commented that because we find impermanence difficult, we tend to “filter our experience, sort it into likes and dislikes, things we want to repeat and things we want to avoid.” But the task, she says, is not to discriminate, but simply to “see what is for precisely what it is.”
- These and a wide variety of other connections should lead to stimulating discussion and Q & A.

About the lecturer:

Rev. Peter Hata was minister of West Covina Buddhist Temple from 2012; in 2014 he transferred to the main Los Angeles Higashi Honganji Buddhist Temple. Rev. Peter is also a jazz musician and one of the original members of the band, Hiroshima. He also holds a Master's degree in music and has taught a variety of graduate and undergraduate music courses at California State University Los Angeles.

Name(s): _____

Telephone _____ E-mail _____

*Pre-registration is requested: check enclosed pay at event
(make check payable to “Las Vegas Buddhist Sangha”)

Las Vegas Buddhist Sangha
4110 N. Martin Luther King Blvd.
North Las Vegas, NV 89032